



MYERS-DAVIS
LIFE COACHING &
DISABILITY SERVICES

Newsletter
Winter 2026

Batesville, Arkansas
(870) 569-1052



PERSON WE SUPPORT & DIRECT SUPPORT PROFESSIONAL OF THE QUARTER



Thea-Claire & Dani



THE MD QUARTERLY



Myers-Davis Life Coaching was established in 2014 by Angela Davis and Dr. Edward Myers and continues to be owned and operated by its founders. They began by offering life coaching, business consulting, and leadership training. Over

time, Myers-Davis grew into an organization focused on serving the disability community. We serve people all across Arkansas and have offices in Batesville, Jonesboro, Highland, Cabot, and Farmington.

The mission of Myers-Davis Life Coaching and Disability Services is to build real relationships by being kind, supportive, and respectful. Our goal is to help people feel valued, encouraged, and empowered to do their best. We provide training, programs, and support for individuals with disabilities and their families.

Our services include home and community support, job training and advocacy, and life skills and career readiness for students. We are passionate about helping people become more independent and successful so they can live fuller, more independent lives.

We are currently seeking Direct Support Professionals in many areas of the state. Contact us to find out about positions available in your area.

870-569-1052



CES Waiver

Arkansas Medicaid Waiver is a program used to provide supports to people with intellectual and developmental disabilities in the home and community-based settings rather than an institution. "Waiver" offers many different services to approved individuals such as supportive living services, supplemental supports, respite care, crisis intervention, community transition services, consultation services, specialized medical supplies, durable medical equipment and employment services. A person must have a qualifying diagnosis before the age of 22 to be eligible for Waiver & will be placed on the Waiver waitlist.

Myers-Davis currently serves about **750 Medicaid Waiver members** across the entire state of Arkansas. Visit our website at: <https://myersdavis.com/ces-waiver-services> or the Department of Human Services website at: <https://humanservices.arkansas.gov/divisions-shared-services/developmental-disabilities-services/ces-waiver/>

Questions? Contact **Rebecca Tipton or Latoya Robinson or Misty Boyd** (program directors) during business hours at:



rebecca@myersdavis.com



870-613-5900



latoya.robinson@myersdavis.com



870-612-7113



misty.boyd@myersdavis.com



870-806-4939



Pre-ETS

The Pre-Employment Transitions Services (Pre-ETS) is a 3 Year Program for Sophomores, Juniors & Seniors in High School operated through Arkansas Rehabilitation Services (ARS). It is a class-based program focusing on Career to Work education. Students receive Class Credit toward Graduation for taking the class. Classes are taken during school hours, every-day during school week, for 1 or 2 class periods based on each high school served.

To Qualify for the Program: Students need to have a 504, IEP, or Doctors note of medical diagnosis such as diabetes, anxiety, depression, ADHD, Crohn's disease, or any diagnosis that hinders the student. Students receiving mental health services are also eligible.

The Transitions Career to Work Education Class will teach students life skills, communication skills, job skills, job exploration, job training, career interests, personality assessments, coping skills, transitioning from high school into the workforce/trade school/college, and so much more.

As part of the curriculum for the program, the Myers-Davis Educators & Job Coaches will assist the students in finding jobs to match their abilities and interests within the school system. And if certain jobs are available outside the school system and in the students' community, job coaches will assist the student in training and applying for those jobs. Students will be paid the current minimum wage rate thru Myers-Davis Life Coaching. **Participation in paid work-based learning activities will not affect SSI/SSDI benefits when reported properly.** Myers-Davis will assist you in reporting income to Social Security.

Myers-Davis serves the following schools in North Central Arkansas:

- Rosebud
- Pangburn
- White County Central
- Midland
- Concord
- Mountain View
- Southside
- Cedar Ridge
- Hillcrest
- Cave City
- Melbourne
- Highland
- Izard County Consolidated (ICC)
- Mammoth Spring

Questions? Contact Charity White (program director) at:



charity@myersdavis.com



870-307-9926



Employment Services

Myers-Davis is statewide vendor for the Employment Services program offered through Arkansas Rehabilitation Services (ARS) (a division of Workforce services). This program provides Competitive Integrated Employment (CIE) Service to adults with disabilities. This includes a discovery process that helps the person recognize their employment interests. Each person enrolled receives one-on-one support from our Program Director through Supported Employment, Job Placement, and/or Individual Job Coaching. This powerful program can help the person with a disability gain knowledge on the application process and the interview process, plus skills on retaining the job that they were hired for.

Questions? Contact Kari Jones (program director), Shelby Wycough, or Lacy Mitchell at:

 kari@myersdavis.com

 870-806-4943

 shelby.wycough@myersdavis.com

 870-806-4924

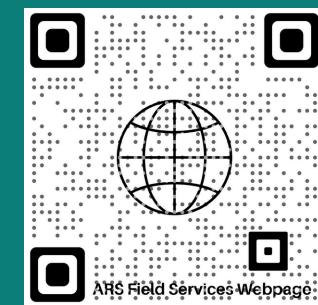
 lacy.mitchell@myersdavis.com

 870-219-7269

You can also learn more and apply for services from the Arkansas Rehabilitation Services' Field Services webpage:

<https://dws.arkansas.gov/ar-rehabilitation-services/field-services/>

Or Scan this QR Code to access the ARS website





Skills Training Center

Myers-Davis has established a vocational/life skills training center in Batesville, Arkansas designed to provide training to individuals with developmental and/or behavioral disabilities in life skills, job skill development, and community transition services. The goal of the training center is to assist adults with disabilities to achieve maximum independence and productivity. Training will be provided on life skills, vocational/job skills, independent living skills including community integration, self-advocacy, job exploration, work readiness, and work simulations. Education methods include classes, guest speakers, job simulations, and eventually prospective employment provided for which individuals will be paid.

Topics for training may include any of the following:

- Educational/Vocational Training
- Employment
- Resource and Medication Management
- Self-care
- Household Maintenance
- Budgeting/Money Management
- Health
- Wellness
- Nutrition
- Socialization
- Community Integration

Questions? Contact Heather Keirn (program director) at:



heather@myersdavis.com



870-569-1052



Ticket-to-Work

Ticket-to-Work exists to assist any individual who has a disability and wishes to return to work, by acquiring a “Ticket” for protection of their benefits. As a Ticket to Work Employment Network, we provide Social Security disability beneficiaries (persons who receive SSI or SSDI) age 18 through 64 job-related supports. Services offered may include job coaching, job counseling, training, benefits counseling and job placement. When participating in the Ticket Program, the individual works with their EN to reduce or eliminate their dependence on SSDI and/or SSI cash benefits.

Social Security has many Work Incentives designed to fit a plethora of individual situations.

We're here to help you! Questions?

Contact: Debbi Morgan (Work Incentive Practitioner) or Lacy Mitchell (Ticket-To-Work Deputy) during business hours at:



debbi.morgan@myersdavis.com



720-885-0124



lacy.mitchell@myersdavis.com



870-219-7269



Quality Assurance

A few months ago, we welcomed 2 new Quality Assurance Compliance Officers: Eleanor White & Ashley Phipps. We are so proud they have chosen to be a part of our team here at Myers-Davis!

The Quality Assurance Department will continue to effectively monitor and ensure the quality of member records. We will also be doing around 2-3 'Personal Outcome Measures' interviews a month with the people that receive support. 'Personal Outcome Measures' is a registered trademark concept developed by CQL (The Council on Quality and Leadership) to identify and measure outcomes related to a person's quality of life. It is a meeting or interview-style process with a person we serve and/or a person that supports the person we serve. Data collected in interviews allows for analysis of trends and planning for positive changes (whether that be in services or natural supports or something else). QA is beyond excited to start this, with the hope that we will further improve our Waiver care!

QA Team

Magan Rogers		magan@myersdavis.com
Denice Melton		denice.melton@myersdavis.com
Eleanor White		eleanor.white@myersdavis.com
Ashley Phipps		ashley.phipps@myersdavis.com



(870) 569-1052



Positive Behavior Support

Positive Behavior Support Plans are for people who have disabilities, assisting them in enjoying a normal life and helping them overcome the challenges that hinder them from being/becoming independent. When making these plans, the values to be considered are respect for the individual, person-centered planning, treating all people with dignity, and making sure the person is not being abused, neglected, or subjected to unnecessary restrictions or punishments. These individualized plans are proactive and based on an understanding of the function of the behavior, using a team-based planning approach.

We are excited to announce a new training program for certification in Developing and Implementing Positive Behavior Support Plans in partnership with Central Arkansas Disability Services, Inc.; the core goals of which are to enhance individual well-being, prevent the occurrence of challenging behaviors, and promote the development of social/adaptive skills needed to improve the an individual's quality of life. The curriculum has been approved by the Arkansas Department of Human Services, Division of Developmental Disabilities Services and the training program has just finished their first training session.

We're here to help you! Questions?

Contact: Dr. Ann Webb or Rita Wycough or Kimberly Cervantez
during business hours at:

 ann@myersdavis.com

 rita@myersdavis.com

 kimberly@myersdavis.com

 870-569-5292

 870-569-5293

 870-307-4882



Human Resources

Our Human Resources department is delighted to serving our team and meeting their needs. We exist to help the whole team of Myers-Davis Life Coaching & Disability Services understand their benefits of working with us. We also work diligently keeping everyone's employee record in compliance with state licensure standards. We are continually updating our training materials and processes for our employees, so be sure to watch for updates here and there. We also do an annual update of all policies and our Handbook. Please be sure to watch for those updates coming soon.

HR team:

- **Don Gregory** - HR Director
- **Marjorie Green** - HR Generalist
- **Lisa Hill** - Payroll Director
- **Sarah Garner** - Payroll Specialist
- **Monica Freeman** - HR Specialist
- **Jenny Owen** - HR Specialist
- **Alyssa Briesmeister** - Receptionist/ HR Assistant

To get in touch with our Human Resources department, you can send an email to: hr@myersdavis.com or call the main office number at (870) 569-1052.



Upcoming Events

- JANUARY 31 - MYERS-DAVIS SOCIAL 2026: GREAT GATSBY GLITZ @ LOS RAMONES EVENT BARN IN BATESVILLE, AR FROM 4:00 PM TO 7:00 PM**
- FEBRUARY 28TH - NAVIGATING TOGETHER: Q&A SESSION FOR FAMILIES WITH SPECIAL NEEDS @ ST. BERNARD'S AUDITORIUM JONESBORO, AR FROM 12:00 PM - 4:00 PM**
- MARCH 9TH - CAREER COMPETITION FOR PRE-EMPLOYMENT TRANSITION SERVICES PROGRAM @ UACCB INDEPENDENCE HALL**

DID YOU KNOW?

We have a Human Rights Committee dedicated to serving your needs! What is a Human Rights Committee? It's a team of people who recognize the importance of the individual rights of a person with disabilities. This team works together to review any restrictions of rights and prevent any future rights restrictions. If you feel like someone you support is experiencing a restriction on any of their rights, you can always present it to the Human Rights Committee for them to look into.

The committee's email address is:
rightscommittee@myersdavis.com

Resources to Keep You Updated!

- Wirecutter:** They have a comprehensive guide on smart assistive devices that can help with daily tasks, communication, and independence.
- Thrive With Paralysis:** This site regularly posts about new adaptive equipment, such as motorized stair-climbing wheelchairs and hybrid wheelchair-walkers.
- Adaptive Living Aids:** They offer information on various adaptive devices, including mobility aids, communication devices, and software for visual or hearing impairments.



Stay in the Know!

-  Web: www.myersdavis.com
-  Facebook: @MyersDavisLC
-  Instagram: @myersdavislc
-  YouTube: @myersdavislcds
-  LinkedIn: @myers-davis-lcds

Right of the Quarter

The Right to Build Social Relationships

Topic of the Quarter

Dignity of Risk

This principle means people have the right to make their own choices and take reasonable risks as part of learning, growing, and living their lives even if mistakes might happen.

Example: Allowing a person to choose their own activities, make everyday decisions, or try something new instead of stopping them out of fear they might fail.

Choosing the right approach: Support independence while keeping safety in mind. Provide guidance and support instead of removing all risk, and respect each person as capable of making their own choices.



COOKING CORNER

Winter Chili

Ingredients:

- 1 lb ground beef or turkey
- 1 can chili beans
- 1 can diced tomatoes
- 1 jar salsa
- 1 tsp chili powder
- Salt & pepper to taste

Directions:

- Cook the meat in a pot and drain the grease.
- Add chili beans, diced tomatoes, salsa, and chili powder.
- Stir and let simmer for 15-20 minutes.
- Season with salt and pepper, then serve.

Quote of the Quarter

“Small steps taken with purpose today create meaningful change tomorrow.” - Anonymous

What would
YOU
like to see on the
Myers-Davis Newsletter?

email:
marketing@myersdavis.com
with Newsletter ideas

REBUS PUZZLES

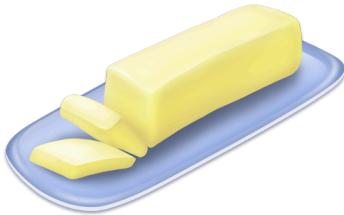
1.



2.



3.



4.



5.



REBUS PUZZLES

1. Apple Pie

2. Rainbow

3. Butterfly

4. Catfish

5. Doghouse



WE ARE
MYERS-DAVIS

